



WHAT TO BRING TO CAMP

Primary (3 Days/2 Nights)



In a large backpack or suitcase with wheels:

- "Dry shoes" Trainers, light hikers - kept dry
- "Wet shoes" Closed-toe shoes with a good tread, will get wet, but not damaged
- Plastic Flip-flops - not for activities. Good for shower and leisure only
- Lightweight trousers (1 pair)
- T-shirts (2)
- Underwear (3 pairs)
- Shorts (2 total)
- Lightweight long-sleeve shirt / light fleece (1)
- Socks (3 pairs)
- Medicines – handed in to teachers
- Sleeping bag
- Pillow case (place clean clothes inside for pillow)
- Soap, shampoo, conditioner (travel size best)
- Pajamas (lightweight or shorts & T shirt)



- Books or magazines for tent (optional)
- Comb or brush
- Toothbrush, toothpaste and floss
- Lip balm
- Recycled plastic bag for dirty/wet clothes
- Additional shower towel & washcloth (opt'l)
- Torch and spare batteries

In a day pack (with two shoulder straps):

- Sturdy water bottle (with name on it)
- Tissues (wet and dry)
- Rain coat (weather dependent)
- Sun block 35+
- Insect repellent (natural and no spray if possible)
- Sun hat (with name on it)
- Sunglasses
- Swim suit
- Light towel
- Copy of ID/Passport (for emergencies)
- Camera (optional and brought at own risk)



Do not bring:

- Cell phone
- Electronic music devices or video games
- Unnecessary jewellery or valuables
- Pets
- Knives or sharp instruments
- Tent or sleeping mat